



EVENING MENU

Starters

Homemade Soup of the Day €5.95 (1,7, 9, 12)

Served with Keenan's homemade brown bread

Seafood Chowder €8.95 (1, 7, 9, 12, 14)

Creamy seafood chowder & Keenan's homemade brown bread

Chicken Wings €9.95 (1, 6, 7, 9, 11, 12)

Crispy chicken wings, sesame seeds, with Hot Sauce, side blue cheese mayo & celery sticks

Garlic Mushrooms €7.95 (1, 3, 10, 12)

Mushroom fritters, with roast garlic Aioli

Classic Atlantic Prawn Cocktail €9.95 (2,3,6,10,12)

With marie rose sauce

Baked Duck Spring Roll €9.95 (1,6,7,11,12)

Shredded duck confit in crispy filo pastry, rocket salad, drizzled with hoisin, lime & chilli jam

Salads

Mixed Irish Beetroot and St. Tolas' Goats cheese €8.95 (Main size €17.95) (7,8,10,12)

Mixed leaf with toasted hazelnut, capers & honey mustard dressing.

Keenan's Superfood Salad €17.95 (7,8,11,12)

Trio of quinoa, tender stem broccoli, butternut squash, pomegranate, pickled onions, feta cheese, molasses dressing & roasted seeds (Add Chicken €2.50)

Chicken & Bacon Cesar Salad €17.95 (1,7,10,12)

Chicken & bacon served on a bed of salad with croutons & Cesar dressing

[Keenan's Wi-Fi Code: keenans1](#)

Main Courses

Sirloin Steak (10oz) €28.95 (7,9,12)

Irish Sirloin served with sauté onions, hand-cut chips, pepper sauce or Garlic butter

Keenan's Slow cooked Lamb Rump €24.95

Irish Lamb cooked medium, crushed baby potatoes with bacon & onion, roast vegetables & rosemary jus

Keenan's Gourmet Beef Burger €17.95 (1,3,7,10,12)

8oz Beefburger, crispy bacon, vine tomato, onion, gem lettuce, pickle, Monterey jack cheese, house sauce, in a brioche bun, served with hand-cut chips.

Keenan's Steak Sandwich €18.95 (1,3,7,9,12)

6oz Sirloin Steak on a toasted ciabatta bread with garlic butter, topped with sauté onions, served with a side of hand-cut chips & pepper sauce

Roast Duck Confit €21.95 (7,9,12)

Roasted confit of Duck, crushed baby potatoes with bacon & onion, grilled asparagus & broccoli, orange sauce

Fresh Battered Haddock €18.95 (1,3,4,10,12)

With tartare sauce, pea puree & fresh hand-cut chips

Fresh Roast Salmon €23.95 (4,7,12)

Roast Salmon, sauté pak choy, mixed peppers, courgette & red onion, grilled asparagus & broccoli, with mango salsa & baby potatoes

Chicken Supreme €21.95 (7,9,12)

Roast Chicken Supreme, gratin potatoes, grilled tender stem broccoli & asparagus, celeriac apple velouté sauce, balsamic glaze

Chicken Goujons €15.95 (1,3,7,10,12)

Breaded Chicken Breast served with side salad & chips, garlic aioli or ginger & chilli mayonnaise

Bulgur Stir-fry €17.95 (1,6,8,11,12)

Sauté bulgur wheat, pak choy, mixed peppers, courgette, red onion & roasted nuts, with sesame oil & citrus dressing
(V) (Add Chicken €2.50)

Side Orders

Gratin Potatoes €3.95 (7,12)

Vegetable Selection €3.95 (7,12)

Chips €3.95

Side Salad €3.95

Sauté Mushrooms €3.95 (7,12)

Allergens:

1. Gluten

2. Crustaceans

3. Eggs

4. Fish

5. Peanuts

6. Soybeans

7. Dairy

8. Nuts

9. Celery

10. Mustard

11. Sesame Seeds

12. Sulphites

13. Lupin

14. Molluscs